

2. INT. 24h IRON MASTER

17.12./18.12.2022

Fortsetzung Bewerb 101 - 200m Lagen Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 03:23,88 +41.10 686
 RT +0.89 50m: 00:43,66, 100m: 01:32,98 (00:49,32), 150m: 02:36,15 (01:03,17), 200m: 03:23,88 (00:47,73)

Fortsetzung Bewerb 103 - 50m Rücken Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 00:43,09 +07.54 674
 RT +0.77 50m: 00:43,09

Fortsetzung Bewerb 105 - 200m Brust Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 04:02,21 +01:04.36 631
 RT +0.93 50m: 00:55,53, 100m: 01:56,97 (01:01,44), 150m: 02:59,00 (01:02,03), 200m: 04:02,21 (01:03,21)

Fortsetzung Bewerb 107 - 100m Schmetterling Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 01:41,70 +27.02 599
 RT +0.89 50m: 00:46,14, 100m: 01:41,70 (00:55,56)

Fortsetzung Bewerb 109 - 50m Brust Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 00:53,90 +19.03 592
 RT +0.86 50m: 00:53,90

Fortsetzung Bewerb 111 - 200m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 03:01,50 +36.68 682
 RT +0.88 50m: 00:41,01, 100m: 01:27,23 (00:46,22), 150m: 02:14,52 (00:47,29), 200m: 03:01,50 (00:46,98)

Fortsetzung Bewerb 113 - 50m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 00:37,87 +09.42 676
 RT +0.90 50m: 00:37,87

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Fortsetzung Bewerb 115 - 200m Rücken Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 03:21,53 +26.50 677
 RT +0.78 50m: 00:47,64, 100m: 01:38,16 (00:50,52), 150m: 02:30,09 (00:51,93), 200m: 03:21,53 (00:51,44)

Fortsetzung Bewerb 117 - 800m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 12:58,00 +02:11.43 701
 RT +0.94 50m: 00:42,44, 100m: 01:29,24 (00:46,80), 150m: 02:17,43 (00:48,19), 200m: 03:06,23 (00:48,80)
 250m: 03:55,79 (00:49,56), 300m: 04:45,44 (00:49,65), 350m: 05:35,03 (00:49,59), 400m: 06:25,02 (00:49,99)
 450m: 07:15,01 (00:49,99), 500m: 08:04,51 (00:49,50), 550m: 08:54,57 (00:50,06), 600m: 09:44,93 (00:50,36)
 650m: 10:34,53 (00:49,60), 700m: 11:24,10 (00:49,57), 750m: 12:12,41 (00:48,31), 800m: 12:58,00 (00:45,59)

--- 2. Abschnitt ---

Fortsetzung Bewerb 119 - 400m Lagen Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 07:13,54 +01:24.36 684
 RT +0.94 50m: 00:47,74, 100m: 01:43,96 (00:56,22), 150m: 02:35,84 (00:51,88), 200m: 03:28,66 (00:52,82)
 250m: 04:33,07 (01:04,41), 300m: 05:37,73 (01:04,66), 350m: 06:27,05 (00:49,32), 400m: 07:13,54 (00:46,49)

Fortsetzung Bewerb 121 - 100m Brust Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 01:57,56 +37.76 594
 RT +0.91 50m: 00:55,57, 100m: 01:57,56 (01:01,99)

Fortsetzung Bewerb 123 - 100m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 01:24,20 +19.38 663
 RT +0.91 50m: 00:39,61, 100m: 01:24,20 (00:44,59)

Fortsetzung Bewerb 125 - 200m Schmetterling Damen Masters

Altersklasse 25

2. Gruber, Carina 1994 AUT WSV St. Johann 03:38,70 +45.62 630
 RT +0.94 50m: 00:47,29, 100m: 01:43,79 (00:56,50), 150m: 02:41,22 (00:57,43), 200m: 03:38,70 (00:57,48)

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Fortsetzung Bewerb 127 - 400m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina	1994	AUT	WSV St. Johann	06:23,96	+01:14.64	685
RT +0.92 50m: 00:43,22, 100m: 01:31,18 (00:47,96), 150m: 02:20,22 (00:49,04), 200m: 03:09,35 (00:49,13) 250m: 03:58,56 (00:49,21), 300m: 04:48,33 (00:49,77), 350m: 05:37,57 (00:49,24), 400m: 06:23,96 (00:46,39)						

Fortsetzung Bewerb 129 - 50m Schmetterling Damen Masters

Altersklasse 25

2. Gruber, Carina	1994	AUT	WSV St. Johann	00:46,27	+14.89	591
RT +0.93 50m: 00:46,27						

Fortsetzung Bewerb 131 - 100m Rücken Damen Masters

Altersklasse 25

2. Gruber, Carina	1994	AUT	WSV St. Johann	01:38,44	+16.55	636
RT +0.82 50m: 00:46,81, 100m: 01:38,44 (00:51,63)						

Fortsetzung Bewerb 133 - 100m Lagen Damen Masters

Altersklasse 25

2. Gruber, Carina	1994	AUT	WSV St. Johann	01:41,34	+27.41	632
RT +0.91 50m: 00:46,03, 100m: 01:41,34 (00:55,31)						

Fortsetzung Bewerb 135 - 1500m Freistil Damen Masters

Altersklasse 25

2. Gruber, Carina	1994	AUT	WSV St. Johann	24:41,02	+04:13.14	698
RT +0.96 50m: 00:42,71, 100m: 01:30,62 (00:47,91), 150m: 02:19,12 (00:48,50), 200m: 03:08,21 (00:49,09) 250m: 03:57,83 (00:49,62), 300m: 04:47,50 (00:49,67), 350m: 05:37,55 (00:50,05), 400m: 06:27,65 (00:50,10) 450m: 07:17,53 (00:49,88), 500m: 08:07,48 (00:49,95), 550m: 08:57,55 (00:50,07), 600m: 09:47,35 (00:49,80) 650m: 10:36,96 (00:49,61), 700m: 11:26,41 (00:49,45), 750m: 12:16,06 (00:49,65), 800m: 13:06,13 (00:50,07) 850m: 13:56,35 (00:50,22), 900m: 14:46,51 (00:50,16), 950m: 15:37,37 (00:50,86), 1000m: 16:27,81 (00:50,44) 1050m: 17:18,17 (00:50,36), 1100m: 18:08,53 (00:50,36), 1150m: 18:58,64 (00:50,11), 1200m: 19:48,71 (00:50,07) 1250m: 20:38,74 (00:50,03), 1300m: 21:28,94 (00:50,20), 1350m: 22:18,89 (00:49,95), 1400m: 23:08,23 (00:49,34) 1450m: 23:56,02 (00:47,79), 1500m: 24:41,02 (00:45,00)						